

Smiles Better!

with Dr. Nuala Devlin
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Silver Smiles

Over the previous few months, I have talked about cosmetic dentistry. I'd like to explain that cosmetic dentistry is not only for the young but for everyone. If you are one of our silver smilers, a "baby Boomer", of a certain age (whichever you prefer), cosmetic dentistry can give you back your smile and your confidence, but in keeping with what you feel is appropriate.

For those of you with a special event, maybe a son or daughter getting married, a significant birthday or for those who feel their mouth is ageing them, we are here to help.

These are just some of the frequently asked questions that my patients ask.

"What can a smile makeover do for me?"

Stained, dark teeth will add years to anyone. Whitening teeth will brighten and lighten your teeth to a natural shade. We can repair chipped or broken teeth by bonding or repairing with crowns or veneers. At Causeway, we use the Cerec system which does away with the need for impressions. Missing teeth create dark, unsightly gaps. Bridges, cosmetic dentures and implants will all fill gaps and improve your lip support.

"I don't want to look like I've had my teeth 'done', I just want my teeth to look better."

Cosmetic dentistry is individual and appropriate for you. We will tailor the outcome for you. It is our aim to work with you to achieve the best possible result for you.

"I've got missing teeth and wear a denture – can you do anything for me?"

Missing teeth can be replaced with implants. Implants can be used to support crowns and bridges and therefore do away with the need for



dentures.

Alternatively implants can be used to support dentures and make them feel snug and secure in your mouth. Cosmetic dentures can vastly improve the appearance of denture wearers, by making dentures appear more natural and life-like.

"How much will it cost?"

Costs vary according to the treatment required. A full estimate and explanation will be given at your first visit. Finance options are also available.

"I'm a bit anxious – I haven't been to the dentist for some time."

Relax, let us look after you. We'll take you through your options and give you a written plan to consider in your own time. Causeway also offers sedation to help with any anxieties about treatment.

You are never too old to improve your appearance or your smile! I found this little poem recently, it made me smile!

**Smiling is infectious,
You can catch it like the flu,
Someone smiled at me today,
And I started smiling too**

(Author unknown)

For an appointment at Causeway, contact us on 02827663808.

Remember at Causeway, if you've lost your smile, we'll help you find it again!